

## Workshop Sessions

PC = Prayer Chaplains

PCT—Prayer Chaplain Trainer

**Friday, November 12th: 10:30 a.m.—12 Noon**



*Advanced Extended Care Module (PCT)*

*Exploration of Spiritual Gifts (PCT)*

*Effective Leadership (PC or PCT)*

*Affirmative Prayer—Basic (PC or PCT)*

*Safety and Self Awareness (PCT)*

Visit [www.LightandLoveMinistries.org](http://www.LightandLoveMinistries.org) for updated workshops, special guests, and speakers.

**1:30 p.m.—3:00 p.m.**

*Mentoring Program for Senior Prayer Chaplains (PCT)*

*Facilitation/Training Skills (PCT)*

*Secrets of Sacred Service (PC)*

*Eye of the Storm (PC or PCT)*

*Volunteer Management (PCT)*

*Exploring Your Spiritual Gifts (PC)*

*Affirmative Prayer—Advanced (PC or PCT)*



## Self-Care Activities

**Saturday, November 13th**

**2:00 p.m.—4:00 p.m.**



*Aerobics*

*Nutrition for a Healthy Life*

*Exploring How Energy Works*

*Freedom of Movement through Dance*

*Chanting Choir*

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